

# Stoptober Quiz



1. When was tobacco first introduced in Europe? And by who? *2 points*

2. What chemicals are in it? *3 points*

3. When did we first know it wasn't good for us? *1 point*

4. What makes it addictive? *1 point*

5. What parts of the body does it affect? *8 points*

6. Why do we test for Carbon Monoxide? 1 point



7. Can a non-smoker have a high reading? If so why? 5 points

8. What is the difference between smoking and vaping? 4 points

9. What does Public Health England say about vaping? 1 point

10. Where can't you smoke or vape? 4 points

11. How much is a packet of 20 cigarettes? 1 point

12. How much is a vaping starter kit? 1 point

13. Do you smoke or vape?

14. What would you rather be spending your money on?

