E. DBS Regulations, Types of Check Levels and Regulated Activity

**Types of DBS Checks**

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| Check Type  | Information returned |
| Standard  | This check is for spent and unspent convictions, cautions, reprimands and final warnings in accordance with filtering rules. |
| Enhanced DBS  | Enhanced checks include the same information as the standard check plus any additional information held by local police that’s reasonably considered relevant to the role being applied for. |
| Enhanced DBS including Barred Lists check  | Includes the same information as the enhanced check, plus checks if the individual is barred from working in certain activities (known as regulated activity) which involve children and / or adults.  |
| DBS Adult First  | This checks the individual against the adults barred list. This is an interim check which does not provide any information on criminal convictions. To be used in exceptional circumstances. |

**Regulated Activity**

There are 2 barred lists – one relating to people barred from working with children and one relating to people barred from working with adults. In some circumstances a check of both barred lists will be required. It is a criminal offence for an individual to work (either paid or as a volunteer) in a ‘Regulated Activity’ whilst being barred from working with children and/or adults. It is also an offence to knowingly allow someone to engage in regulated activity whilst barred.

The full, legal definition of regulated activity is set out in Schedule 4 of the Safeguarding Vulnerable Groups Act 2006, as amended (in particular, by the Protection of Freedoms Act 2012). Regulated activity still excludes family arrangements, and personal, non-commercial arrangements.

Further clarity about the definition of regulated activity can be found in the guidance documents below:

* [Regulated Activity with Children (Department of Education)](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/522656/Regulated_Activity_in_relation_to_Children.pdf.pdf)
* [Regulated Activity with Adults (Department of Health)](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/216900/Regulated-Activity-Adults-Dec-2012.pdf)

The guide to eligibility document produced by the DBS is available at <https://www.gov.uk/government/publications/dbs-check-eligible-positions-guidance>